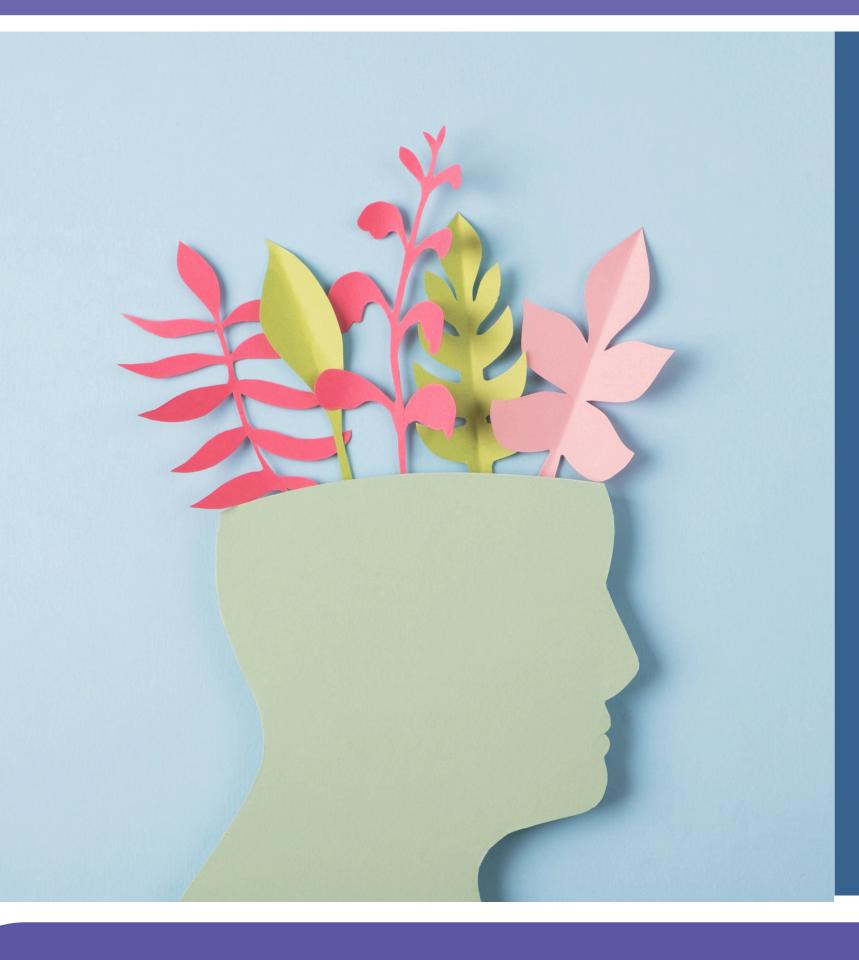


Open to all employees and those in their household!

## Free Virtual Mental Health Screening with a focus on Depression



You can take proactive steps towards better understanding and managing your mental health.

Sign up for a free and confidential 30 minute depression screening.

Thursday, October 10th Appointments available 8:30 am - 7:00 pm You will be offered tools and the opportunity to schedule additional sessions if you choose.

Use this QR code to schedule your private screening.





Questions - Call 716-681-4300 or visit https://eap.cfsbny.org