

**Employee Assistance Program** 

## Administrative Referral: Information for the Employee

## 01 Call C+FS EAP



It is your responsibility to call EAP at 716-681-4300 to complete intake, learn more about confidentiality and to schedule your first appointment. The deadline for initial contact to EAP is

## **02** Confirm Initial Contact



After completing intake and scheduling your first appointment, the C+FS EAP clinician will email you an appointment confirmation that you can share as evidence of your initial contact and appointment.

## Permission to Share Information

Monitor your email for a request from C+FS EAP to complete a Consent For Release of information form. Completion of this form will provide your consent for C+FS EAP to share limited information which includes appointment status and compliance with treatment recommendations only. The C+FS EAP clinician will discuss this with you during intake and answer and questions you may have.