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Two live webinars August 2023

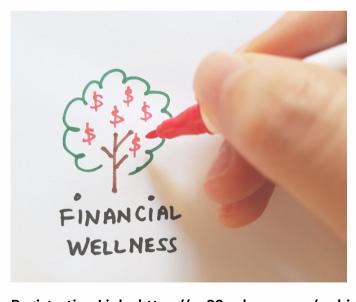
Wellness Starts with You: Tools to Support Your Journey

Presented by Lidia Snyder, LMSW, RYT, TCTSY-F

Live Webinar Thursday, <u>August 17th</u> 12:00 - 1:00 p.m.



Registration Link - https://us02web.zoom.us/webinar/register/WN_3SJ_X4bxTayEZ4cJFmVz7A#/registration



Financial Wellness: Take Control of Your Financial Future

Presented by Allen Dembski, AWMA, COO/VP Buffalo First Wealth Management

Live Webinar Thursday, <u>August 24th</u> 12:00 - 12:30 p.m.

Registration Link - https://us02web.zoom.us/webinar/register/WN_xUam2aMZQxmEx9AEgUCXWw#/registration

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