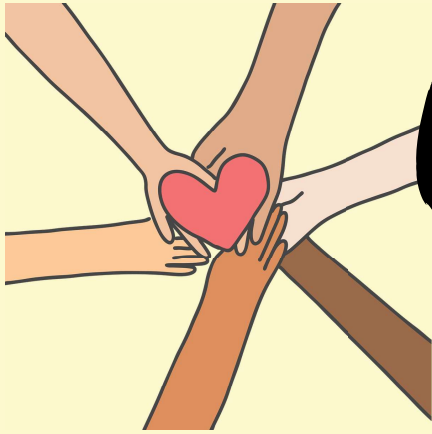


IN-SCHOOL



Counseling

IS AVAILABLE!

SUPPORT FOR

anxiety, depression, family conflict, grief and loss, anger, self-harming behavior or thoughts, or other emotional needs

COUNSELING

with a licensed mental health clinician is available within the Buffalo Public School District for students in grades Pre-K through 12.

&


MENTAL HEALTH ADVOCATES

of WNY also provides support services such as youth peer advocates and social support group opportunities. These are great opportunities to build connections and increase confidence.

INTERESTED

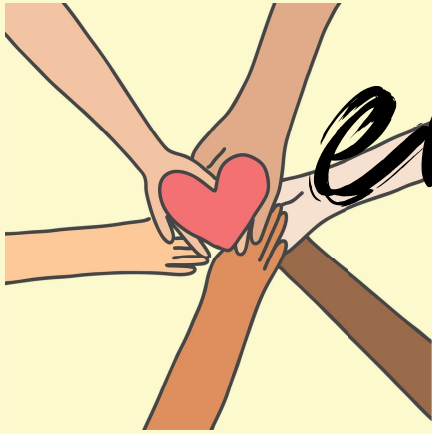
or need more information? Take the next step by contacting your school and ask to speak with the Student Support Team. You can also submit an interest request by scanning the code below with your phone's camera or go online to bit.ly/counseling4buffalo to learn more about the programs available.




SAY YES
— TO EDUCATION —
BUFFALO



LA CONSEJERÍA



en la escuela

ESTÁ DISPONIBLE

LOS SERVICIOS APOYARÁN

ansiedad, depresión, conflicto familiar, dolor y pérdida, ira, autolesión u otras necesidades emocionales.

ASESORAMIENTO

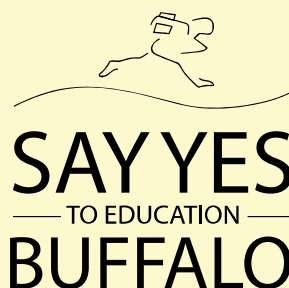
con una licencia un médico de salud mental está disponible dentro de la escuela pública de Buffalo Distrito para estudiantes en grados Pre-K a 12th.

DEFENSORES DE LA SALUD

mental of Western New York también ofrece servicios de apoyo como defensores de los jóvenes entre pares y oportunidades de grupos sociales. Estas son grandes oportunidades para mejorar la confianza.

SI ESTÁS INTERESADO

o quieres más información, ponerse en contacto con la escuela y pedir hablar con el Equipo de apoyo estudiantil. También puede responder a un formulario de interés escaneando el siguiente código con la cámara de su teléfono o visite bit.ly/consejería4buffalo para aprender más sobre los programas disponibles.





WE ARE BREAKING BARRIERS

WE MAKE GOOD TROUBLE. JOIN US.

THE "BREAKING BARRIERS" YOUTH LEADERSHIP COUNCIL IS A GROUP OF YOUNG MEN OF COLOR, 12-24 YEARS IN AGE, CREATING A UNIFIED VOICE THAT ADVOCATES FOR RACIAL EQUITY, SOCIAL JUSTICE AND POLICY CHANGE. THE COUNCIL ADDRESSES THE PRACTICES AND SYSTEMS THAT HOLD BACK YOUNG MEN OF COLOR.

APPLY ONLINE TODAY:

BREAKINGBARRIERSBUFFALO.ORG



JOIN THE CONVERSATION

CHECK OUT THE BREAKING BARRIERS PODCAST ON APPLE PODCASTS, SPOTIFY, STITCHER, IHEART RADIO AND GOOGLE PODCASTS.

PROGRAM MANAGER: DANIEL ROBERTSON
716.704.9865, DROBERTSON@SAYYESBUFFALO.ORG

**BREAKING
BARRIERS**

MBK A BOYS AND YOUNG MEN OF COLOR INITIATIVE



@BreakingBarriersBuffalo



@BreakingBarriersBuffalo



JOHN R. OISHEI
FOUNDATION



SAY YES
TO EDUCATION
BUFFALO
sayyesbuffalo.org

¿Cómo puede Say Yes Buffalo CareCoordination

asistir a su hijo estar lo más saludable posible?

Say Yes Buffalo Care Coordination es un programa gratis en colaboración con un programa aprobado para niños Health Home está disponible para niños que asisten a las Escuelas Públicas de Buffalo y a escuelas charter seleccionadas.

A través de este programa, los niños recibirán servicios de un Supervisor de Coordinación de Atención.

Coordinación de cuidados se enfoca en el bien-estar general y el éxito del estudiante para abordar la salud conductual/mental y necesidades médicas. Creemos en un modelo de atención centrado en el paciente que garantice una mayor comunicación de todo los proveedores.

Al coordinar los servicios a través de las escuelas, y proveedores de la comunidad, estudiantes tienen la habilidad de aumentar resultados específicos, como la asistencia a la escuela, las calificaciones, el comportamiento, la salud mental y física, la participación de la comunidad y las habilidades sociales.

Somos socios dedicados en mejorando la salud y bienestar a tu hijo:



Atención Médica

- Evaluar los objetivos de salud de su hijo y Ayudarlo a usted y a su hijo a alcanzarlos
- Ayudar a obtener citas con atención médica proveedores y coordinando los servicios de entrega



Apoyo Social

- Ayudando a conectarlo con apoyos basados en la comunidad



Póngase en contacto con un "Family Support Specialist" hoy para obtener más información.

Jessica Misiejuk

Tel: (716)-970-0846

jessica.misiejuk@cfsbny.org

sayyesbuffalo.org/carecoordination



How can Say Yes Buffalo Care Coordination

Assist you to be your healthiest self?

Say Yes Buffalo Care Coordination is a free program in partnership with an approved Health Home agency available to children and young adults in Buffalo, NY and its surrounding communities. Through this program, children and young adults will receive supportive care coordination from a care manager.

Care coordination focuses on the overall well-being and success of children and young adults to address behavioral/mental health and medical needs. We believe in a client-centered model of care ensuring improved communication through the youth's providers and main support team.

By coordinating services through schools and community providers, youth enrolled have the ability to increase specific outcomes such as school attendance, grades, behavior, mental and physical health, community involvement and social skills.

We are a partner in improving your health and overall well-being, committed to:



MEDICAL SUPPORT

- Assessing children's and young adult's health needs & helping them achieve their goals
- Assistance with scheduling appointments with health care providers and coordinating the delivery of services



SOCIAL SUPPORT

- Helping to connect you to community-based supports such as mentors, tutors, or employment opportunities.



Contact a Family Support Specialist Supervisor today for more information.

Elizabeth Minns, MA

Tel: (716)-468-0038

elizabeth.minns@cfsbny.org

Tiffany Swink, MSW

Tel: (716)-468-0052

tiffany.swink@cfsbny.org

sayyesbuffalo.org/carecoordination



SAY YES BUFFALO/ CHILD & FAMILY SERVICES SCHOOL-BASED PREVENTIVE PROGRAM

OVERVIEW

The Say Yes Buffalo/ Child & Family Services School-Based Preventive Program is a partnership with the Erie County Department of Social Services and the Buffalo Public Schools. Through this program, Say Yes Buffalo staff called Family Support Specialists are stationed within the Buffalo Schools to provide services to children under 18 years of age that address significant concerns impacting school behavior, attendance, and academics.

GOALS

- Support students and their families in addressing the underlying issues affecting student attendance, behavior and academics
- Strengthen the family's relationship with the school
- Remove/reduce safety issues with children
- Provide students and families with access to services to address basic needs

SERVICES PROVIDED

- Connecting the student and/or family to school and community-based services and supports including healthcare, mental health services, after school programs and assistance with obtaining basic needs
- Home visits to meet with students and their families
- Individual and group mentoring for the student and/or family
- Assistance for families with navigating school processes including registration and enrollment and parent-teacher conferences

HOW IT WORKS

A family can request these services for their child or a member of the child's school staff including the building's Family Support Specialist may approach a family and offer the services. All referrals should be completed by the parent/guardian to be submitted for acceptance. If a referral is not accepted, a Family Support Specialist can provide short-term services to link children or families in need to supportive services.

FOR MORE INFORMATION, CONTACT YOUR
SCHOOL'S FAMILY SUPPORT SPECIALIST:

LeRondra Byrd
PHONE: 716-468-0015
FAX: 716-768-1449
EMAIL: lerondra.byrd@cfsbny.org



WHAT TO EXPECT

If the family and the Family Support Specialist agree that engaging with the School- Based Preventive Program is the best way to move forward to support the student, next steps are:

1. The Family Support Specialist will meet with the student and their family to determine what supports are needed.
2. Families will be asked to fill out the Erie County Common Application (Form 2921).
3. Families will be asked to fill out a consent form to release personal or health information.
4. If approved for services, the Family Support Specialist, student and family will create together a 3-6 month plan aimed at addressing all concerns requiring services.
5. With the plan in place, the Family Support Specialist will connect the student and/ or family with support services and meet with them regularly to make sure all needs are being addressed and that positive progress is being made. This will include visits in the home and contacts in the school.
6. After three months, the Family Support Specialist will meet with the student and family to see what progress has been made and determine additional next steps.

ONE FAMILY'S STORY

A student, James was not showing up regularly for school and when he did he seemed withdrawn and depressed. The school's Family Support Specialist reached out to James' family and find out if they needed help. When visiting with James' mother at her home, she explained that James' father had recently been incarcerated and as a result the family now had no income. James' mother had then slipped into a depression and was having trouble waking up in the morning to help James get on the bus.

After the Family Support Specialist talked about the services he could help connect her and James to through the Say Yes Buffalo & Child and Family Services School-Based Preventive Program James mother signed up for the program.

At school, the Family Support Specialist enrolled James at an after school program where they helped him catch up on his school work and also provided him with opportunities to make friends.

He also arranged for James to get counseling at the school's mental health clinic to help him process his father's incarceration and absence and invited James to lunch every Friday where they played games and talked about whatever James wanted to talk about.

At monthly home visits, the Family Support Specialist helped James' mother to access counseling to address her depression and sign her up for a class to get her GED.

After four months, James' behavior, attendance, academics and disposition all improved significantly. James' mother was also in a better place, regularly attending counseling appointments, and now looking for a job having passed the GED exam.





ECBA
VOLUNTEER LAWYERS PROJECT

FREE LEGAL ADVICE

VLP IS HERE FOR YOU

FAMILY LAW QUESTIONS

Monday - Friday 10:00 - 2:00

(716) 823-3255

HOUSING QUESTIONS

Monday - Friday 10:00 - 2:00

(716) 828-8460

TO BECOME A DIVORCE CLIENT

(716) 847-0662 x 807

IMMIGRATION QUESTIONS

(716) 847-0662 X 301

UNEMPLOYMENT BENEFITS QUESTIONS

(716) 847-0662 x 324

HIV/AIDS LEGAL ASSISTANCE

(716) 847-0662 x 315 or 319

LOW-INCOME TAXPAYER QUESTIONS

(716) 847-0662 x 316

FOR ALL OTHER TYPES OF CASES

(716) 847-0662 x 324